March 20, 2020 Lorain County 4-H Update/Newsletter

It has been a whirlwind week! I would like to thank you all for your understanding and patience as we all navigate this new reality of implementing physical distancing (C-19 sanctions) has created. As we all adjust to the changes this has brought about in how we work, conduct school, and interact in our community circles I encourage you all to be kind to yourselves and be kind to each other. Times such as these can be extremely stressful and trying, it is going to take all of us learning to work together in a new way to lessen our stress and continue to move forward and provide positive learning experiences for youth.

This new reality has forced me to change my mindset as to what I can accomplish in a day. It is absolutely not going to be the same. I cannot replicate my girls’ school day or my work day from home. I found the following graphic helpful as I adjust my mindset in this transition. The more I look at this graphic, the more I realize that this should be mindset now and in the future. Perhaps we should take this time to slow down, to calm the “busyness” that many of us had created and were living prior to this time.

As a reminder:

- ALL 4-H related meetings, trainings and events have been cancelled, postponed or offered virtually through April 20, 2020.
- ALL face-to-face interactions (group or individual) are discouraged now through a tentative April 20, 2020.
- An updated calendar is attached to this e-mail to assist you in determining what events have been cancelled, tentatively rescheduled, or offered virtually.
COVID-19 Resources
We all need support at this time. Through the MANY virtual conference calls and e-mail updates I have been a part of this week, I have collected a few resources to assist all of us in coping with the C-19 sanctions. Below are a few that I found particularly helpful. Please be sure you are utilizing legitimate and trustful sources when researching information regarding COVID-19 or any other topic for that matter.

Keep Our 4-H Families and Communities Healthy
The best way to prevent the spread of any type of infection is to practice routine hygiene etiquette:
- Cover your mouth and nose with your elbow or a tissue when you sneeze or cough
- Wash your hands or use alcohol hand rub after coughing or sneezing
- Avoid close contact with people who are sick
- If you are ill, keep a safe distance from others to reduce the risk of transmitting germs
- If you are seriously ill, seek medical advice from your health care provider
- Complete and stay up to date on your Ohio State vaccination requirements

For more information, visit https://wexnermedical.osu.edu/features/coronavirus/patient-care
https://coronavirus.ohio.gov/wps/portal/gov/covid-19/

Enrollment
Enrollment deadline has been extended to May 15, 2020! We are looking into a few different options regarding 4-H enrollment. Please be patient with us and place all 4-H business on hold until April 1.

Project Books
The state is working on a system that will allow us to offer online project book sales at a discount. Of course, you will have to pay shipping. Please be patient with us as we do our best to adjust systems to reflect the C-19 sanctions.

New Volunteers
For those of you that have already begun this process, please be patient as I reschedule interviews through a virtual format. You will be hearing from me in the next week or so.

Volunteer Training
We are considering offering a virtual training in April. Please be patient as we adapt our trainings to fit the virtual platform. The deadline for completion of volunteer trainings has been extended to May 15.
County Council Meetings
Our office will be working with our County Council exec committees to consider offering virtual meetings in April. Please stay tuned for more information.

Lorain County 4-H Endowment
Dinner & Fundraiser
The Annual 4-H Endowment Dinner & Auction has been postponed due to the preventative measures taken by The Ohio State University regarding the coronavirus. **Pending the face-to-face ban is lifted**, we will have this event **May 9, 2020 at the Wellington Eagles.** All tickets purchased will be good for the new date. We will be communicating with all ticket holders the date change and updates. If for some reason this date does not work for you, let us know and we can process refunds. With the change in location- we are able to increase the number of tickets! If you would like to purchase tickets for the May 9 event you may do so directly from an endowment board member after April 1 or from the Ag Office once the office has reopened.

4-H Grant Applications
The Spring grant deadline for all 4-H Endowment activity grants has been extended to **May 15th.** Please note, any Lorain County entity may apply for these grants. Visit our website for the application. [https://lorain.osu.edu/program-areas/4-h-youth-development/lorain-county-4-h-endowment](https://lorain.osu.edu/program-areas/4-h-youth-development/lorain-county-4-h-endowment)

Virtual Meeting Resources
For those clubs that would like to consider virtual meetings, I have attached a few tip sheets. Additionally, you may visit [go.osu.edu/4Hadvisorinfo](http://go.osu.edu/4Hadvisorinfo). To access additional resources.

Lorain County 4-H Academic Scholarship Applications
Attention ALL graduating seniors!! The deadline for our local scholarships has been extended to **May 15th!** Please visit our website to access the application. [https://lorain.osu.edu/program-areas/4-h-youth-development/youth-opportunities-and-resources-officer-books-public-speaking](https://lorain.osu.edu/program-areas/4-h-youth-development/youth-opportunities-and-resources-officer-books-public-speaking)

Lorain County 4-H Camp
All camp counselor trainings have been canceled for March. Please be watching your e-mail for additional information and requests from Julie. WE will be conducting virtual trainings for our regular April dates.

Camper Scholarships
The camp scholarship deadline has been extended to **May 15th!** Any youth interested in attending any of our 4-H camp opportunities this summer may apply.

Cloverbud Camp - June 16 & 17, New Russia Township Lodge
Beginner Sewing Camp – June 22-24, Ag Center
Intermediate Sewing Camp – June 17-19, Ag Center
4-H Junior Camp – July 6-10, Erie County Camp on Kelleys Island
Quality Assurance
We are working towards several options regarding Quality Assurance in Lorain County. ODA has suspended the 45 days prior to exhibition guideline. This gives us more time. Please be patient with our county QA team as we identify how our county will proceed with Quality Assurance trainings.

We are aware that there is a National online Quality Assurance option. However, there is specific guidelines you will need to follow to access this system to ensure that you receive credit for this training within our state and county. Additionally, there is a charge per exhibitor to take this online training. Please wait until we have developed our county protocol before attempting to complete this online training.

Market Animal Concerns
I do not have an easy answer for those of you that are concerned over the purchase of your 4-H market project animals. I am not sure how long the C-19 sanctions will last nor how this may impact future 4-H project learning opportunities (including fair). I would like to remind all of you that 4-H project is an opportunity for our 4-H youth to share their learning experience with others. Fair is an opportunity to gain feedback and insight regarding how well our youth have completed their project requirements. Fair is not the project or the focus of the project; the learning that takes place is the focus of the 4-H project.

With this in mind, each family will need to have the conversation and take into consideration what financial resources they are able to dedicate towards 4-H animal projects.

Junior Fair Update
Lorain County Fair statement on use of Ractopamine
The Lorain County Fair Board highly discourages the use of Ractopamine (Paylean) in market hog exhibits. Beginning in 2020, all exhibitors and their parents will be required to complete and sign an affidavit stating their use of ractopamine with each animal exhibited. Ractopamine fed or ractopamine free will be published for each market hog in the sale program. The board reserves the right to test animals for ractopamine at any time. Note: Most local processors have already indicated they will not accept animals that have been fed ractopamine.

Change in Cat & Self-determined animal show
Please note JFB has made the following adjustments to Division 28:
Division 28: Cat and Small Animal/Self-Determined Small Animal Department has moved this judging date to the Saturday prior to fair in conjunction with Large Ag/Still-Life Judging. This will include all Cat and Self-Determined Animal Projects.

Junior Fair Royalty Application
The application deadline has been extended to May 15th! We will adjust the schedule once we have a better idea as to when the C-19 sanctions have been lifted. You may access the application on our website. https://lorain.osu.edu/program-areas/4-h-youth-development/lorain-county-junior-fair
Volunteer Opportunities
It is times like these that really prove just how strong our 4-H communities can be. I am always impressed at how our families come together to trouble shoot and assist others in need! There are a few opportunities for us to engage in community service during this time. Please choose those that best fit your family’s needs and interests.

Second Harvest Food bank has found themselves in a situation in which they are low on volunteers. Many of their regular volunteers fall within the high-risk categories and have been instructed that they are no longer to volunteer. For those of you that are not in this high-risk category, we have been asked to consider volunteering. Special precautions have been taken to abide by the C-19 sanctions and still ensure that those that are in need of the services and food provided by Second Harvest may continue to receive them. These services have become even more important in this given time. For more information and to register to volunteer please visit their website:


Please note, we have a common financial supporter with second harvest food bank, the Community Foundation of Lorain County. It is always a good practice to assist the other agencies that receive support from our generous funders.
OHIO STATE UNIVERSITY EXTENSION

2020 Lorain County 4-H Calendar

JANUARY
1 Holiday – Extension Office Closed
8 4-H Dog Council (AC) 7:00 p.m.
9 CARTEENS (AC) 5:30 p.m.
12 Saddle Horse High Point Banquet (Wellington Eagles)
14 Sr. Fair Board (FG) 7:30 p.m.
15 Advisory Committee (AC)  6:00 p.m.
15 Endowment Board (AC) 7:00 p.m.
15 JFB Assistant Applications Due
20 Holiday – Extension Office Closed
21 SESP Council (AC) 7:00 p.m.
21 FCS Committee (AC) 6:30 p.m.
23 Jr. Fair Board (FG) 7:00 p.m.
25 CARTEENS (AC) 9:00 a.m.
28 Saddle Horse Council (AC) 6:30 p.m.
28 Shooting Sports Council (AC) 6:30 pm
28 Friends of Lorain Co. Jr. Fair (AC) 7:00 p.m.

FEBRUARY
1 FCS Nutrition Project Clinic
1 JFB Adult Consultant Applications Due
3 Ohio 4-H Conference Registrations due to OSU Extension Office by 4:30 p.m.
3 Quality Assurance Program (NRTL) 6:30 p.m.
3 Volunteer Training (NRTL) 6:00 p.m.
5 Dog Council (AC) 7:00 p.m.
6 CARTEENS (AC) 5:30 p.m.
11 Sr. Fair Board (FG) 7:00 p.m.
15 Friends of Lorain Co. Jr. Fair Valentines Dinner
18 SESP Council (AC) 7:00 p.m.
19 Advisory Committee (AC) 6:00 p.m.
19 Endowment Board (AC) 7:00 p.m.
22 Volunteer Training (JVS)
22 Equine Safety & Ethics Program (JVS)
22 CARTEENS (AC) 9:00 a.m.
25 Saddle Horse Council (AC) 6:30 p.m.
25 Shooting Sports Council (AC) 6:30 p.m.
27 Jr. Fair Board (FG) 7:00 p.m.
29 FCS Sewing Clinic

MARCH
1 Deadline for New Clubs and New Volunteers
4 Dog Council 7:00 p.m.
5 Quality Assurance Program (NRTL) 6:30p.m.
5 Volunteer Training (NRTL) 6:00 p.m.
10 Sr. Fair Board (FG) 7:30 pm
12 CARTEENS (AC) 5:30 p.m.
14 Ohio 4-H Volunteer & Ohio 4-H Teen Conferences (Col)
14 FCS Cake Decorating Clinic
18 Advisory Committee (AC) 6:00 p.m.
18 Endowment Board (AC) 7:00 p.m.
17 Equine Safety & Ethics Program (AC) 6:00 p.m.
17 SESP Council (AC) 7:00 p.m.
17 FCS Advisory (AC) 6:30 p.m.
21 Lorain Co. 4-H Endowment Dinner & Auction (FG)
24 Saddle Horse Council (AC) 6:30 p.m.
24 Shooting Sports Council (AC) 6:30 p.m.
25 Quality Assurance Program (NRTL) 6:30 p.m.
25 Volunteer Training (NRTL) 6:00 p.m.
26 Jr. Fair Board (FG) 7:00 p.m. (Virtual Meeting)
28 CARTEENS (AC) 9:00 a.m.

APRIL
1-30 North Coast Inland Trail 4-H Litter Pick-Up
1 County Scholarship Applications Due
1 Jr. Fair Royal Court Applications Due
1 Club Enrollments Due for Banner Club Points
1 Dog Council Meeting (AC) 7:00 p.m. (Virtual Meeting?)
7 Friends of Lorain Co. Jr. Fair (AC) 7:00 p.m.
7 Volunteer Training (AC) 6:00 p.m. (Virtual Meeting?)
9 CARTEENS (AC) 5:30 p.m.
14 Sr. Fair Board (FG) 7:30 p.m.
15 ALL 4-H ENROLLMENTS DUE BY 4:30 P.M.
15 Endowment Grant Applications Due
15 Camp Grant Applications Due
15 Advisory Committee (AC) 6:00 p.m. (Virtual Meeting?)
15 Endowment Board (AC) 7:00 p.m. (Virtual Meeting?)
19-25 National Volunteer Week
21 SESP Council (AC) 7:00 p.m.
22 Quality Assurance Program (NRTL) 6:30 p.m.
23 Jr. Fair Board (FG) 7:00 p.m.
25 CARTEENS (AC) 9:00 a.m.
28 Equine Safety & Ethics Program (AC) 6:00 p.m.
28 Saddle Horse Council (AC) 7:00 p.m.
28 Shooting Sports Council (AC) 6:00 p.m.

MAY
1 Club Enrollments Due for Banner Club Points
6 Dog Council Meeting (AC) 7:00 p.m.
7 CARTEENS (AC) 5:30 p.m.
9 SESP Measurements
12 Sr. Fair Board (FG) 7:30 p.m.
15 Jr. Fair Royal Court Applications Due
15 ALL 4-H ENROLLMENTS DUE BY 4:30 P.M.
15 Endowment Grant Applications Due
15 Camp Grant Applications Due
16 Market Goat & Lamb Weigh-in (FG)
19 SESP Council (AC) 7:00 p.m.
19 FCS Committee (AC) 6:30 p.m.
20 Advisory Committee (AC) 6:00 p.m.
20 Endowment Board (AC) 7:00 p.m.
23 SESP Measurements
23 CARTEENS (AC) 9:00 a.m.
25 Dog Council Show
25 Holiday – Extension Office Closed
26 Saddle Horse Council (AC) 6:30 p.m.
26 Shooting Sports Council (AC) 6:30 p.m.
27 Quality Assurance Program (NRTL) 6:30 p.m.
28 Jr. Fair Board (FG) 7:00 p.m.
28 Jr. Fair Royal Court Interviews (FG)

KEY TO LOCATIONS
AC – Ag Center
CVC = Carlisle Visitor Center
NRTL = New Russia Township Lodge
FG = Fairgrounds
TBD = To Be Determined
TBA = To Be Announced

The Ohio State University
College of Food, Agricultural, and Environmental Sciences

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JUNE
3  Dog Council (AC) 7:00 p.m.
6  CARTEENS (AC) 9:00 p.m.
8  All Public Speaking & Communication Contest
9  Sr. Fair Board (FG) 7:30 p.m.
16 FCS Committee (AC) 6:30 p.m.
16 SESP Council (AC) 7:00 p.m.
16-17 Cloverbud Day Camp (NRTL)
17-19 Intermediate Sewing Camp (AC)
17 Advisory Committee (AC) 6:00 p.m.
17 Endowment Board (AC) 7:00 p.m.
18 CARTEENS (AC) 5:30 p.m.
22-24 Beginner Sewing Camp (AC)
23  Saddles Horse Council (AC) 6:30 p.m.
23  Shooting Sports Council (AC) 6:30 p.m.
25  Jr. Fair Board (FG) 7:00 p.m.

JULY
1  ALL JR. FAIR EXHIBIT ENTRIES DUE BY 4:00 P.M. (AC)
3  Holiday – Extension Office Closed
6-10 4-H JUNIOR CAMP – Kelley’s Island
8  Dog Council (AC) 7:00 p.m.
8  Dog Council Royal Court Interviews (AC)
9  4-H CARTEENS (AC) 5:30 pm
14  Sr. Fair Board (FG) 7:30 p.m.
15  4-H FCS Judging and Ag/Still Life Judging (NRTL)
15  Style Revue (NRTL)
15  Shooting Sports Judging (NRTL)
15  Advisory Committee (NRTL) 6:00 p.m.
15  Endowment Board (AC) 7:00 p.m.
20 & 22 Skill-a-thon (NRTL)
21  SESP Council (AC) 6:30 p.m.
21  FCS Committee (AC) 6:30 p.m.
23  Jr. Fair Board (FG) 7:00 p.m.
25  Dog Council Show - Pre-Fair
25  CARTEENS (AC) 9:00 a.m.
28  Saddles Horse Council (AC) 6:30 p.m.
28  Shooting Sports Council (AC) 6:30 p.m.

AUGUST
1  CARTEENS (AC) 9:00 a.m.
4  4-H Scholarship Night (FG)
4  Jr. Fair Royalty Court Presentation & Public Speaking
5  Dog Council (AC) 8:30 p.m.
6  Jr. Fair Board (FG)
11  Sr. Fair Board (FG) 7:30 p.m.
12  4-H Ag/Still-Life Project Judging (NRTL)
13  Jr. Fair Board (FG)
13  CARTEENS (AC) 5:30 p.m.
20  Jr. Fair Board (FG)
22  4-H Ag/Still Life Large item judging (FG)
22  4-H Cloverbud Show & Tell (FG)
23  Animal Check-in/Weigh-in (FG)
24-30 LORAIN COUNTY FAIR (FG)

SEPTEMBER
3  CARTEENS (AC) 5:30 p.m.
4  BANNER CLUB & BOOK ENTRIES DUE
7  Holiday – Extension Office Closed
8  Sr. Fair Board (FG) 7:30 p.m.
9  Dog Council Meeting (AC) 7:00 p.m.
15  FCS Meeting (AC) 6:30 p.m.
15  SESP Council (AC) 7:00 p.m.
16  Advisory Committee (AC) 6:00 p.m.
16  Endowment Board (AC) 7:00 p.m.
17  JFB Input Meeting (NRTL) 7:00 p.m.
22  Saddle Horse Council (AC) 6:30 p.m.
22  Shooting Sports (AC) 6:30 p.m.
24  Jr. Fair Board (FG) 7:00 p.m.
26  CARTEENS (AC) 9:00 a.m.

OCTOBER
1-31  North Coast Inland Trail 4-H Litter Pick-Up
8  CARTEENS (AC) 5:30 p.m.
13  Sr. Fair Board (FG) 7:30 p.m.
14  Advisory Committee (FG) 6:00 p.m.
15  VOLUNTEER RECOGNITION PROGRAM (FG)
20  SESP Council (AC) 7:00 p.m
21  Endowment Board (AC) 7:00 p.m.
24  Dog Awards Banquet
24  CARTEENS (AC) 9:00 a.m.
27  Saddle Horse Council (AC) 6:30 p.m.
27  Shooting Sports Council (AC) 6:30 p.m.

NOVEMBER
2  Jr. Camp/Cloverbud Camp Counselor Applications Due (AC)
5  Friends of Lorain Co. Jr. Fair (FC) 7:00 p.m.
5  4-H CARTEENS (AC) 5:30 p.m.
4  Dog Council (AC) 7:00 p.m.
10  Sr. Fair Board (FG) 7:30 p.m.
11  Holiday – Extension Office Closed
17  FCS Committee (AC) 6:30 p.m.
17  SESP Council (AC) 7:00 p.m.
18  Advisory Committee (AC) 6:00 p.m.
18  Endowment Board (AC) 7:00 p.m.
21  CARTEENS (AC) 9:00 a.m.
24  Saddle Horse Council (AC) 6:30 p.m.
24  Shooting Sports Council (AC) 6:30 p.m.
26-27 Holiday – Extension Office Closed
27  Jr. Fair Board 2020 Application Due

DECEMBER
5  Market Beef Weigh-in & Tagging (FG)
5  CARTEENS (AC) 9:00 a.m.
17  CARTEENS (AC) 5:30 p.m.
24-25 Holiday – Extension Office Closed

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revised 3/20/2020
Ohio 4-H Club Advisor Resources
Communicating Online with Your Club

This is a collection of information and resources you can use to connect with your club for the next few weeks. Please remember - all 4-H events, programs, and activities scheduled between now and April 20 should be held virtually, postponed, or cancelled.

Resources for Online Video Communication

Zoom is a video conferencing program used by Ohio State. A free version is available with a 40-minute time limit. Find it at https://support.zoom.us/hc/en-us

Google Hangouts is a free communication software for video conferencing and instant messaging for up to 10 people with unlimited minutes. A GMail account is required. Find it at https://hangouts.google.com

Skype is a video conferencing program with a free version for groups up to 50. Find it at https://www.skype.com/en/

Facetime is for Apple devices only for up to 32 people. Find it at https://support.apple.com/en-us/HT209022

Facebook Video uses Facebook Messenger on both the phone app and computer, with unlimited participants and minutes. Find it at https://www.facebook.com/

Facebook Live allows real-time interaction with viewers to answer questions and get feedback. Join via a Facebook Group. Participants interact via “Comment” and cannot talk.

Social Media platforms including Facebook, Snapchat and Instagram, support video calling.

Resources for Online Instant Messaging and Reminders

GroupMe is a free app accessed through a social media account or by entering your mobile phone number. Group members receive text reminders. Find it at https://groupme.com/en-US/

Remind is a free app app accessed by mobile phone number. Downloading the app is not required of participants. Group members receive texts for reminders. Find it at https://www.remind.com/

Task-Oriented Programs for Committee Work

Slack is a free collaboration program that divides work into channels, allows for video calls and instant messaging. It is available on laptop/desktop computers and mobile devices. Find it at: https://slack.com/

Trello is a free collaboration program available on laptop/desktop computers and any mobile device. Find it at https://trello.com/en-US

Google Drive can be used collaboratively by sharing files between members. A GMail account is required. Find it at https://www.google.com/drive/

Rev. 3/17/20
Ohio 4-H Club Advisor Resources
Tips & Tricks for Meetings When You Can’t Meet (in person…)

This is a collection of information and resources you can use to connect with your club for the next few weeks. Please remember - all 4-H events, programs, and activities scheduled between now and April 20 will be held virtually, postponed, or cancelled.

- If you have a large club, hosting an online meeting will be a challenge. To make that more manageable, divide your club into smaller groups (project interest areas, ages, officer team, committees, randomly sorted into groups of 10-15) and then meet virtually.
- Create planning groups – fair booth ideas, service projects, fundraisers, future meeting themes.
- Become pen pals with a club in another town (visit another county’s website to find a list of clubs: countynname.osu.edu – look for “4-H Youth Development”).
- Have fun! Host a Facebook Live session and line dance.
- Write letters to seniors in a local care facility or a note of encouragement to health care professionals or first responders.
- Visit Project Central at projectcentral.osu.edu. Rate your 2019 project and explore projects for this year.
- Can you think of a creative fundraiser? Is there a local restaurant where club members could sell online gift cards and get a percentage of the sale?
- Use your tech-savvy teens. Let them coordinate online meetings, upload information for members, record a project demo.
- Visit YouTube for line dances, camp songs, project demos and games.
- Find the “Healthy Living Activity Guide” at https://4-h.org/about/inspire-kids-to-do/ with 30 hands-on activities.
- There are 60 kid-friendly activities in STEM, healthy living, crafting and more at https://4-h.org/about/inspire-kids-to-do/activity-guide/
- Here are two YouTube videos that walk NEW and RETURNING families through enrolling for 4-H on 4HOnline. (NOTE: Thanks to Hardin County Educator Amanda Raines for these videos. Hardin County is mentioned a few times, but the details work for everyone.)
  o https://youtu.be/5NU0M9bYzoo New Family Enrollment
  o https://youtu.be/fEiXK1vIhvU Returning Family Enrollment
- Hold practice interviews for project judging. It’s okay to use last year’s project or random questions just for the experience.
- Find more resources at go.osu.edu/4Hclubresources.

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