

# ADOPT THE TRAIL WITH 4-H

## NORTH COAST INLAND TRAIL

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The Lorain County Metro Parks opened its skinniest park in August 1998. It's a paved trail for enjoyment on foot, roller blades, bicycle, cross-country skis and non-motorized vehicles. The trail is built on an old railroad right-of-way. Approximately 13 miles of trail runs from Elyria to just west of Kipton. Eventually, in cooperation with other towns, cities, and park districts, the trail will run all the way to Toledo!

### LORAIN COUNTY 4-H ADOPTS THE TRAIL



Twice a year, 4-H will organize litter clean-ups along the trail with 4-H clubs participating.

Our spring clean-up is to be completed: **DURING THE MONTH OF APRIL**

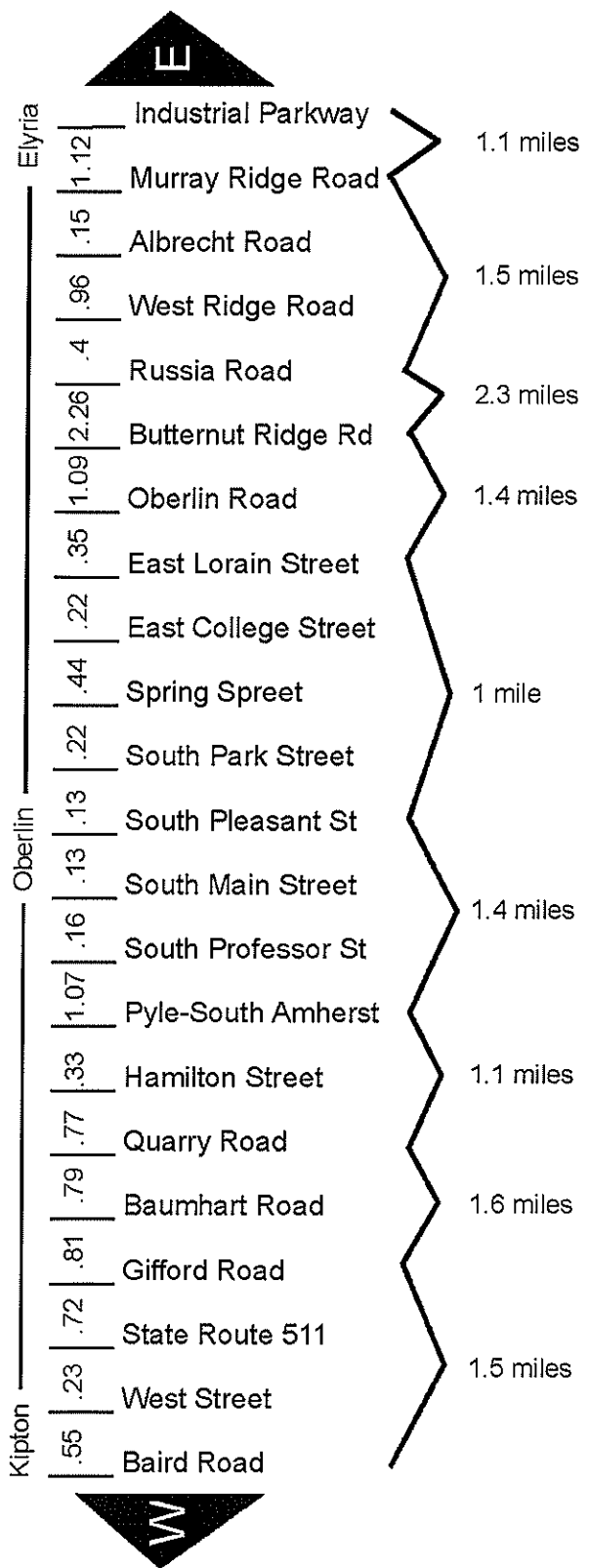
Our fall clean-up is to be completed: **DURING THE MONTH OF OCTOBER**

To participate, call the Extension Office and sign up for the trail section your club would like to cover. We'll pick up the Metro Park trail sections as well as the 3 mile section owned by the city of Oberlin. All litter pickup needs to be completed during the designated months. You pick the best time for your group. Each 4-H club volunteering will clean up approximately 1 ½ - 2 ½ miles of trail. See following page for trail mileages and sections.

### WHAT DOES A 4-H CLUB DO TO PARTICIPATE?

- ◆ Call the Extension Office (440-326-5851) to reserve your trail section.
- ◆ Provide several members and at least one adult to pick up litter during designated month.
- ◆ Provide your own trash bags (2 or 3 should be sufficient...the trail is not heavily littered.)
- ◆ Have your "litter crew" walk or bicycle to pick up litter. Have participants provide their own gloves for the job.
- ◆ Leave your bags of litter at a roadway intersection with the trail. The Park District will pick up the filled trash bags the next day...or take your bags of litter with you to dispose of.
- ◆ Call the Extension Office to report in as soon as your litter pickup is done. You also need to report **where** you left bags of litter at trail intersections if you didn't take the litter with you. This is important. The Extension Office will immediately report the completed trail section to the Park District and park workers will pick up your litter bags.

**BIKEWAY INTERSECTIONS AND DISTANCES**



**PARKING**

Parking could be a problem when you take your club to do the clean-up. There is **NO PARKING** at the road intersections. There is excellent parking at the community park in Kipton. There is parking in Oberlin (just on the streets...no designated trail parking lot). There are limited parking spaces for a few cars on the Elyria end of the trail at Industrial Parkway (where York International is located off Gateway Blvd.)

**SAFETY VESTS**

Thanks to Lorain County 4-H Endowment, the Extension Office has 14 bright mesh safety vests to loan out. 4-H clubs can borrow these for the Inland Trail pickup, or any roadside litter pickup. A \$10.00 deposit will be required to loan out all the vests. This is refunded if all the vests are returned and in good shape.

**SAFETY**

Be safe! Look before crossing streets/roads. Stay off the trail pavement as much as possible so you don't unknowingly step into the path of a bicyclist. Wear gloves.

**QUESTIONS**

Call 4-H Educator *Jacki Baca* the coordinator of this community service project at 440-326-5851.